

## FDA Issues Warnings on Homeopathy on ADHD Patients

It is known that Food and Drug Administration (FDA), albeit slightly cautious, has never come against the practice of homeopathic treatments before. Infamous for healing not only the disease but also penetrating the root cause of the ailment, homeopathy has been recognized even by the royal family of Britain.

However, recent reports state that FDA has already taken measures on the widespread of homeopathic treatments especially on Attention Deficit Hyperactivity Disorder (ADHD) cases on kids.

Choosing between alternative treatments and scientifically based treatments is a big dilemma to parents. Some are quite resolute on their belief on Complementary and Alternative Medicines (CAM) that they disregard and refuse medical treatments and doctor assistance and seek homeopathic experts elsewhere. These cases are the worst fear of FDA.

Many reports have reached the organization in which parents and their kids diagnosed with ADHD turn out to be victims of quackery or <u>fraudulent treatments</u>. In some cases, the damage has already been too deeply done without the patient's family knowing. The complaints are sometimes too late for actual treatment to be applied to counter the side effects.

Research on the long-term effects of these drugs may be insufficient, but in 2007, the U.S. Food and Drug Administration issued warnings about side effects such as stunted growth and psychiatric problems. Last April, they have further tightened their regulations on such treatments.

Although they are not totally banned, <u>The Peterson Group</u>, a leading source of news and information about alternative, complementary and integrative medicines, reported that the FDA had held up a two-day public hearing on homeopathic treatment. The agency then opened the possibility of allowing homeopathy with the same level of caution as with pharmaceutical companies. If this be done, the policy in which the agency had allowed treatments to be displayed on the shelf without prior approval will be forfeited.

Ironic as it may seem, this preposition can benefit both pro and anti-homeopathy individuals. If allowed, FDA will have to check every homeopathic treatment and will not permit anything which is deemed dangerous. This can ensure safety and protection for patients and give FDA total control on its regulation. The said regulation can be patterned after Bangkok, Thailand or <u>Jakarta</u>, <u>Indonesia</u> where <u>homeopathy and medical treatments</u> are known to co-exist.

Critics, however, have been quick to disagree as it can either be an extra cost for people's money to employ individuals for this another task or it can totally ruin the whole nature of alternative medicine since full-pledged experts who have the authority to approve the legitimacy of the treatment are rare.

